



Caroline Sowinski
Senior Policy Manager



Biography

Caroline is a strategic and purpose-driven advocate who excels at uniting diverse stakeholders to drive mutual success. Her interest in policy, coupled with her passion for sustainable solutions in agriculture, allows her to help clients envision and achieve forward-thinking outcomes, whether through Hill meetings, advocacy strategies, or appropriations requests. Her calm, thoughtful approach and commitment to problem-solving, coupled with her enthusiasm about sharing insights and best practices with her clients and colleagues, makes her a key team player.

During her time as policy coordinator at Torrey Advisory Group, Caroline earned her Master of Public Policy degree from American University with a concentration in science, technology, and environmental policy. A Florida native, she graduated from the University of Florida with a Bachelor of Science degree in food and resource economics with a minor in food and natural resource law.

Past Roles

Intern, U.S. House of Representatives
Investment Analyst Intern, Prudential Financial

Selected Expertise

- Food Waste
- Global Food Security
- Policy Research
- Fly-Ins